



Victoria M. Kane

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tori
KANE

GYMNASTICS

Club: Will-Moor School of Gymnastics

Address: 10 Hartford Road, Mount Laurel, NJ 08054

Phone: 856-234-5292 **Fax:** 856-722-0216

Coaches: Kim Bonus, Jeanne Kane and John Wilton

2008/2009 Season

Coming off a very productive summer I was confident about having an outstanding year but unfortunately in the fall I received an elbow injury that kept me from training and competing the 2008/2009 season. I had surgery in February 2009 and then spent March & April of 2009 rehabbing my elbow in physical therapy to get strong enough to make it back to gymnastics. I was finally cleared for full activity in June 2009 and am now training diligently on all four events to get ready for the 2009/2010 season.

VAULT

- Front Handspring Front Tuck
- Front Handspring Front Tuck 1/2
- * Front Handspring Front Pike
- * Front Handspring Front Pike 1/2

UNEVEN BARS

- Pendle Kip
- Clear Hip Handstand
- Over Shoot Handstand
- Back Giant
- Front Giant
- * Higgins, Healy and Kip hop
- * Counter swing to Jaeger
- * Clear Hip Blind
- * Double Front dismount

* *Re-training or training as new skill*

BALANCE BEAM

- Press Handstand mount
- Switch leap - Split 1/1 or Tuck 1/1
- Front Aerial - Back Handspring
- Back Tuck - split jump
- 1/1 Fan Turn - Tuck 1/1
- Front tuck 1/1 Dismount
- * Front 1^{1/2} Dismount

FLOOR EXERCISE

- 2/1 Fan turn - 1/1 Straddle Jump
- Switch ring - Tourjete 1/2 or 1/1
- FHS, Front Layout - Front Layout
- RO, BHS, 2^{1/2} Twist - Front Tuck
- Front 2/1 Twist
- Front Double Flip
- * RO, BHS, Arabian Double Front

STATS

dob: 11/14/1991

class of: 2010

height: 5'4"

weight: 125

Accomplishments:

- USAIGC National 2009 Floor Ex Champion
- USAIGC National 2009 Balance Beam 3rd place
- Level 10 2008 Regionals 11th AA
- Two time Level 9 National Qualifier - Placing on Vault & Beam both times
- 2nd Place at Classic/Challenge - Tops Division
- Two time TOPS Camp Participant